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Blame my brain is just amazing. If you're

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interested in learning about your brain and you actually enjoy science, then this is the book for you. The author writes the information in an interesting and fun way. It taught me a lot about my brain and how it works. I would recommend it to starting teens.

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Written for teenagers but invaluable reading for those coping with them—parents, doctors, and teachers—Blame My Brain, a guide to the biology behind teenage behaviour, is

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informative, accessible, interactive, and fun. There are self administered “tests,” scientific explanations (including wonderful images of trees to depict brain development), useful advice about emotions, sleep, risk ...

Blame My Brain: The Amazing Teenage Brain Revealed | The BMJ

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brain development), useful advice about emotions, sleep ...

Blame My Brain: The Amazing Teenage Brain Revealed

Blame My Brain: The Amazing Teenage Brain Revealed. Nicola Morgan. Contrary to popular (parental) opinion, teenagers are not the lazy, unpleasant louts they occasionally appear to be. During the teenage years the brain is undergoing its most radical and fundamental change since the age of two.

Blame My Brain: The Amazing... | Reading Well | Books ...

Blame my Brain is a well intentioned shortish romp through the teenage mind. The strongest part of this piece is the simplification of developmental neuroscience and non-judgmental approach to adolescence. The downside is the book is a pretty brief treatise on the subject and lacks thorough analysis on the subject.

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Blame My Brain: the Amazing Teenage Brain Revealed by ...

She is author of the internationally renowned Blame My Brain: The Amazing Teenage Brain Revealed (shortlisted for the Aventis prize for science) and The Teenage Guide to Stress (winner of the School Library Association Award 2015, with both the judges' and readers' awards).

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Blame My Brain was the first book in the world to show teenagers what's going on in their heads. It changed the way adults think about adolescence. It speaks directly to teenagers but parents and teachers usually grab it and devour it eagerly. What scientists have discovered about the teenage brain will amaze, empower and reassure you, whether you're a teenage or an adult who cares about ...

Blame My Brain | Nicola Morgan

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LoveReading View on Blame My Brain: The Amazing Teenage Brain Revealed. Teenagers and their parents will find much to fascinate them in this updated edition of Nicola Morgan's skilful, non-scientists explanation of the complex and specific science that makes teenagehood such a specific period of growing up.

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'Blame My Brain - The Amazing Teenage Brain' written by Nicola Morgan. This book is essential reading for teenagers

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and parents. Nicola Morgan clearly states that she is not a scientist but she is incredibly good at conveying complex scientific information in an easy to digest way.

'Blame My Brain' Essential Reading For Teenagers & Parents ...

Description of the book "Blame My Brain: The Amazing Teenage Brain Revealed": Contrary to popular (parental) opinion, teenagers are not the lazy, unpleasant louts they occasionally appear to be. During the teenage years the brain is undergoing its most radical and fundamental change since the age of two.

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(parental) opinion, teenagers are not the lazy, unpleasant louts they occasionally appear to be. During the teenage years the brain is undergoing its most radical and fundamental ...

Blame My Brain - the Amazing Teenage Brain Revealed by ...

Blame My Brain - The Amazing Teenage Brain Revealed by Nicola Morgan. I have worked with a lot of adolescents and their parents; a reoccurring parental comment is 'I have no idea as to what is going on inside their head'.

Book Recommendation: Blame My Brain | Michele Cranstone ...

Blame my Brain: The Amazing Teenage Brain Revealed. This title is a comprehensive guide to the biological mysteries that lie behind teenage behaviour. Contrary to popular (parental) opinion, teenagers are not the lazy, unpleasant - frankly, spotty - louts they occasionally appear to be.

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Blame my Brain: The Amazing Teenage Brain Revealed ...

Her best known non-fiction title, Blame My Brain - The Amazing Teenage Brain Revealed, was shortlisted for the Aventis Prize for Science. Nicola has also written a number of popular home learning books, including the I Can Learn series, Mega English and the Thomas The Tank Engine Maths series.

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